



澳門特別行政區政府
Governo da Região Administrativa
Especial de Macau
衛生局
Serviços de Saúde

疾病預防控制中心
技術指引
CDC (Macao SS)
Technical Guidelines

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預防新型冠狀病毒感染 - 給在武漢生活、工作和就學的本澳居民的建議
Prevent Novel Coronavirus Infection –
Recommendations for Macao Residents Living, Working or Studying in
Wuhan

Clusters of pneumonia cases have been reported in the mainland city of Wuhan since December 2019, for which the cause has been determined to be a novel coronavirus. According to the information provided by relevant health authorities, signs of infection are mainly fever and cough, while a few patients have presented with shortness of breath or pneumonia. Of the cases reported, part of them are in severe condition, death cases have been reported, while some cases have recovered and been discharged from hospital.

The first batches of patients identified in Wuhan are in part business operators in the local seafood market “Huanan Seafood City”. At present, imported cases have been found in other places in the Mainland, Macao, as well as neighbouring countries/regions. Based on the latest information and the assessment of the World Health Organization, there is now more evidence showing the possibility of human-to-human transmission of this kind of novel coronavirus which can spread through respiratory droplets.

Current information on novel coronavirus infection

1. The causative pathogen has been determined to be a kind of novel coronavirus;
2. Respiratory droplets are considered a probable mode of transmission, and there is evidence showing the possibility of human-to-human transmission. According to the World Health Organization’s recommendation, washing hands, observing respiratory etiquette and personal hygiene are the primary measures to prevent the spread of the disease;
3. Incubation period is up to 14 days;
4. Clinical features are mainly fever, acute cough, with or without shortness of breath / breathing difficulties;
5. Part of the cases are in severe condition with presentation of pneumonia; death cases have

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been reported;

6. Older patients and chronic disease patients are at higher risk of more severe illness.

Prevention

In order to prevent novel coronavirus infection, Macao people living, working or studying in Wuhan are reminded to heighten vigilance and adopt the following measures:

- Pay attention to the epidemic information released by the local health authorities and the MSAR Government, and comply with the preventive measures recommended;
- Wash hands frequently with liquid soap and water, or use alcohol-based handrub. Do not touch the eyes, nose or mouth before washing your hands;
- Avoid contact with patients or visit to hospitals;
- Avoid contact with animals, avoid visiting markets where animals are sold, and do not consume uncooked animal products;
- Avoid staying in crowded places, especially for individuals with low immunity;
- Always clean and disinfect frequently touched surfaces at homes or workplaces.

Persons with fever or respiratory symptoms, in particular those who have stayed in Wuhan or other places with potential outbreaks of novel coronavirus infection*, are advised to:

- Wear a mask. Except for seeking medical care, do not go out and avoid contact with others;
- Seek medical attention promptly and inform doctor of your travel history in detail;



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- Cover the mouth and nose with a tissue paper when sneezing or coughing, and wash hands immediately; if tissue paper is not available, cough or sneeze into your upper sleeve or elbow, not your hands;
- Wash hands frequently with liquid soap and water, or use alcohol-based handrub.

*** Places with potential outbreaks of novel coronavirus infection:**

Please refer to the “[Special Webpage Against Epidemics](#)”

(<https://www.ssm.gov.mo/PreventWuhanInfection/>)

Centre for Disease Control and Prevention
Health Bureau of Macao SAR Government