



澳門特別行政區政府
Governo da Região Administrativa
Especial de Macau
衛生局
Serviços de Saúde

疾病預防控制中心
技術指引
CDC (Macao SS)
Technical Guidelines

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預防新型冠狀病毒感染 - 給在春節期間返回武漢的內地僱員的建議

Prevention of New Coronavirus Infection –

Recommendations for Mainland Employees Returning to Wuhan during Lunar New Year

Clusters of viral pneumonia cases occurred in Wuhan, the Chinese Mainland, since December 2019, and the pathogen was identified to be a new coronavirus. According to the information provided by the relevant health departments, the symptoms are mainly fever, cough, a few cases of dyspnea, or pneumonia. Some of the patients are seriously ill. There are both deaths and cured cases. Some of the earliest cases in Wuhan were from the operators of the Wuhan South China Seafood City. Imported cases have also appeared in other parts of the Mainland, Macao and neighboring countries / regions. According to the latest information and assessment by the World Health Organization, this new coronavirus has the potential to be transmitted from person to person and can be infected through the respiratory tract.

Current information on new coronavirus infections:

1. The pathogen is identified as a new coronavirus;
2. The transmission route is considered to be probable infection through respiratory droplets, which is likely to be transmitted from person to person. According to the advice given by the World Health Organization, personal hygiene measures such as hand washing and respiratory etiquette are the major precautions for the spread of the disease;
3. The incubation period is up to 14 days;
4. Symptoms include fever or acute cough, with or without shortness of breath / dyspnea;
5. Some patients are seriously ill, with pneumonia, and deaths;
6. Older patients with chronic disease have a greater chance of developing a serious condition.

Prevention Measures

To prevent new types of coronavirus infections, the Health Bureau recommends that Mainland Employees Returning to Wuhan during Lunar New Year should be more vigilant and take the following measures:



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Recommendations for Mainland Employees Returning to Wuhan during Lunar New Year

- Wash hands frequently with water and soap or alcohol-based handrub. Avoid touching mouth, nose or eyes before washing hands;
- Avoid contact with sick people or going to local hospitals, and wear a mask if it is necessary to enter the medical site;
- Avoid contact with animals. Don't go to markets where animals or undercooked animal products are sold;
- Avoid staying in crowded places, especially those with low immunity;
- Frequently clean and disinfect commonly used areas in the home or workplace.

If you have fever or respiratory symptoms, especially those who have stayed in Wuhan or other infected areas*, you should:

- Wear a mask and avoid going out and contacting others, except for seeking medical treatment;
- Seek medical treatment in time, and explain the travel history to the doctor in detail;
- Cover your nose and mouth with tissue when sneezing or coughing, and wash your hands as soon as possible. When there is no paper towel, use clothes or elbow to cover your mouth and nose. Do not use palms to cover your mouth and nose.
- Wash hands frequently with water and soap, or alcohol-based handrub.

* Places with possible transmission of the new coronavirus: see the "[Anti-epidemic page](#)" for details (<https://www.ssm.gov.mo/PreventWuhanInfection/>)

Center for Disease Control and Prevention,
Health Bureau of Macao Special Administrative Region Government