



預防武漢相關呼吸道感染 - 給旅客的建議

Prevent Wuhan-related Respiratory Tract Infection – Recommendations for Tourists

Regarding the recent reports of “pneumonia cases of unknown origin” from some medical institutions in the mainland city of Wuhan, current data suggests a suspected association between the outbreak and a local seafood market “Huanan Seafood City”. At present, more than 20 cases have been identified, of which a quarter are in severe condition and the remaining are steadily improving. All of the cases are isolated and receiving treatment. Contact tracing and medical surveillance of close contacts are ongoing, while the local health authorities revealed that the cases were compatible with viral pneumonia.

In view of this, the Centre for Disease Control and Prevention of the Health Bureau calls on tourists, in particular those travelling to Wuhan, to heighten vigilance and step up prevention.

Current information on Wuhan-related respiratory tract infection

1. According to the available information, the specific strain of pathogen and source of infection are yet to be identified, but are suspected to be related to the “Huanan Seafood City” of Wuhan city. The causative pathogen and cause of infection are still under investigation.
2. There is still uncertainty regarding the route of transmission and the incubation period; however, respiratory droplets are considered a probable mode of transmission. For the time being, no obvious human-to-human transmission has been observed and no healthcare workers have been infected.
3. Clinical features are mainly fever, respiratory symptoms, abnormal findings in both lungs on chest X-ray, while a few patients have presented with shortness of breath.
4. About one fourth of the cases are in serious condition, while the remaining are stable with controllable symptoms.

Prevention

In order to prevent the aforementioned respiratory tract infection, residents travelling to other places and to Wuhan in particular, are reminded to heighten vigilance and adopt the following measures:

1. Observe personal, environmental and food hygiene;



澳門特別行政區政府
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衛生局
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2. Avoid contact with animals, especially poultry, as far as possible;
3. Avoid visiting crowded places and hospitals; wear a mask if necessary;
4. Avoid visit to hospitals or contact with patients;
5. If developing fever and respiratory symptoms after returning to Macao, promptly seek medical attention and inform doctor of your travel history;
6. Pay attention to the epidemic information released by the MSAR Government and comply with the preventive measures recommended.

Centre for Disease Control and Prevention
Health Bureau of Macao SAR Government