



澳門特別行政區政府
Governo da Região Administrativa
Especial de Macau
衛生局
Serviços de Saúde

疾病預防控制中心
技術指引
CDC (Macao SS)
Technical Guidelines

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預防新型冠狀病毒肺炎 - 給旅客的建議

Prevention of Novel Coronavirus Pneumonia – Advice for Travellers

In order to prevent novel coronavirus pneumonia, the Health Bureau urges all travellers to stay tuned to the epidemic information of the MSAR Government, support the preventive measures implemented by the authorities, and also to observe personal hygiene, household hygiene and environmental hygiene, in particular:

- **All requirements for immigration and entering public premises can be referred to the latest announcements related to immigration measures;**
- **All persons entering hotel establishments and guesthouses are required to receive temperature check and present a green Macao Health Code.**

Personal Precautions

- **Avoid travelling to medium to high risk countries/ areas of COVID-19;**
- **Do not gather / assemble;**
- **Maintain social distancing and wear a mask;**
- **Wash hands frequently with water and liquid soap, or rub hands with an alcohol-based handrub; do not touch the eyes, nose and mouth before performing hand hygiene;**
- **Cover nose and mouth with a tissue paper when sneezing and coughing, and then wash hands immediately; if no tissue paper is available, cover nose and mouth with a sleeve or the crook of an elbow, not the palms;**
- **After using the toilet, flush it with the lid closed, and wash hands thoroughly;**
- **Do not share towel with others;**
- **Regularly clean and disinfect frequently-touched surfaces in everyday life;**
- **Wear gloves when handling articles or places soiled by secretions or excretions;**
- **Avoid staying in crowded places, especially for people with low immunity;**



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- Avoid close contact with patients with fever or respiratory symptoms;
- Avoid visiting patients in the hospital; put on a mask if it is necessary to enter the hospital area;
- Avoid contact with animals, visiting markets where animals are sold, or consuming undercooked animal products;
- If developing fever or respiratory symptoms, wear a mask and seek medical attention right away.

* Places with possible transmission of the novel coronavirus pneumonia: see the "Special Webpage Against Epidemics" for details (<https://www.ssm.gov.mo/PreventCOVID-19>).

Centre for Disease Control and Prevention,
Health Bureau of Macao Special Administrative Region Government