



澳門特別行政區政府  
Governo da Região Administrativa  
Especial de Macau  
衛生局  
Serviços de Saúde

疾病預防控制中心  
技術指引  
CDC (Macao SS)  
Technical Guidelines

No. ; 072.CDC-NDIV.GL.2020  
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**預防新型冠狀病毒肺炎 - 給高等院校復課後的管理建議**  
**Prevention of Novel Coronavirus Pneumonia –**  
**Advice on Class Resumption for Higher Education Institutions**

## **Part 1 Preparation Before Class Resumption**

1. Higher education institutions should set up an epidemic prevention team, led by the principal or the person-in-charge, to carry out comprehensive evaluation on the actual situation of the institution, staff and students, and adopt corresponding anti-epidemic measures in the campus setting.
2. Travel is a risk factor for contracting novel coronavirus pneumonia. In order to reduce the risk of the virus circulating on campus after class resumption, higher education institutions should understand, prior to class resumption, the detailed travel history of all staff and students during the period of class suspension (in particular the 21-day period prior to class resumption). If anyone is found with the following situations, corresponding management should be made. Higher education institutions should notify relevant students and staff proactively and in an appropriate way to take heed of the following information and other precautionary measures:
  - 2.1 Individuals who have visited a medium or high risk country/ area of novel coronavirus pneumonia within the past 21 days prior to arriving in Macao should undergo medical observation at designated venue in accordance with the instructions of the health authorities;
  - 2.2 In the event that the countries/ areas visited within the past 21 days are changed to medium or high risk after making entry into Macao, the persons concerned, despite not being assessed as requiring medical observation at the time of arrival in Macao, must pay attention to their Macao Health Code, and implement corresponding epidemic prevention measures according to the colour of the code.
  - 2.3 Non-local employees and students should comply with the existing immigration policy of the MSAR Government.
3. Higher education institutions should pay attention to the epidemic information released by the MSAR Government and support various preventive measures; use an information platform to



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disseminate and update information related to disease prevention to students, parents and staff in a timely manner, so that all parties can be involved in the preparation for class resumption.

4. Higher education institutions should prepare in advance an appropriate amount of anti-epidemic supplies, such as thermometers, liquid soap, cleaning and disinfection materials, etc.

### Part 2 Management After Class Resumption

#### I. Monitoring of health

- 1.1 Set up temperature screening points according to the specific condition of the campus.
- 1.2 Understand, on a daily basis, the health condition of all students in an appropriate way; staff of the institutions are recommended to make personal health declaration daily.
- 1.3 If, at any time, any student/staff feels unwell with fever (with ear temperature of or above 38°C), acute cough or generalized muscle pain, advise him/her to wear a mask, consult a doctor promptly, and suspend from school/work.
- 1.4 If student/staff residing in dormitories develop fever or symptoms of respiratory infection and are advised to rest at home by a doctor, higher education intuitions should arrange for them a separate room for rest and sleep, and instruct them to wear a mask in the dormitory at all times, avoid having meals with others, and strengthen indoor ventilation as well as cleaning and disinfection of the environment.
- 1.5 If multiple students within the same class/dormitory – or multiple staff members within the same workplace/team – are found to fall sick with fever and respiratory symptoms, the higher education institution should notify the Higher Educational Bureau as well as the Centre for Disease Control and Prevention of the Health Bureau (Tel: 2870 0800; Fax: 2553 3524).

#### II. Measures to reduce contact



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- 2.1 All students and staff should wear a mask in the campus whenever possible, or keep a distance of at least 1 metre with others.
- 2.2 Reduce group discussion in classrooms and other gathering activities whenever possible.
- 2.3 Appropriately arrange timetable and venue for lessons in order to reduce crowd gathering:
  - 2.3.1 Reduce, as much as possible, the use of different classrooms for different classes;
  - 2.3.2 Re-arrange seats in classrooms to maintain a distance of at least 1 metre between students; alternatively, division into different classes can be considered;
  - 2.3.3 It is recommended to register systematically the attendance of students and staff at different time slots in different classrooms to facilitate contact tracing when necessary in the future.
- 2.4 Avoid sharing teaching equipment and tools; otherwise, disinfect them with 1:100 diluted bleach solution immediately after every use.
- 2.5 Limit the number of visitors to library, computer room, laboratory and other public facilities.
- 2.6 Suspend face-to-face teaching by foreign lecturers; it is recommended to replace face-to-face lessons with electronic means, e.g. video conference.
- 2.7 Suspend all non-urgent exchange activities with non-locals, especially individuals travelling from medium to high risk countries/ areas of COVID-19.
- 2.8 Whenever appropriate, theoretical content or personal physical training should be arranged for physical exercise lesson (or similar type of lesson) in order to reduce collective physical training.
- 2.9 Individuals participating in physical exercises should maintain a distance of at least 1 metre from others.
- 2.10 Suspend all unnecessary sports activities involving physical contact (e.g. basketball, soccer, kickboxing); if it is unavoidable, a mask should be put on.



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- 2.11 Avoid unnecessary individuals from entering enclosed campus.
- 2.12 During meal time, students and staff should seat at least 1 metre apart; otherwise, a waterproof partition of at least half a metre high should be set on the table to prevent the spread of droplets; the partition should be disinfected with 1:100 diluted bleach solution after each meal.
- 2.13 Step up health education for students and staff and remind them to observe personal hygiene, especially wash hands frequently, and cover nose and mouth with a tissue paper when sneezing and coughing. For details, please refer to “Prevention of Novel Coronavirus Pneumonia – Advice to Higher Education Institutions and Students”.

### **III. Environmental hygiene**

Always keep windows open to maintain good indoor ventilation; ensure proper function of ventilation system, and avoid using air conditioner whenever possible. Always clean and disinfect frequently touched surfaces in the campus; please refer to relevant guidelines for cleaning and disinfection of environment.

Educational institutions, staff, parents as well as students should pay close attention to different policy and guidelines of the MSAR Government, including guidelines on personal hygiene, cleaning and disinfection of environment, air conditioning and ventilation; for details, please visit the Special Webpage Against Epidemic: <https://www.ssm.gov.mo/PreventCOVID-19>.

Centre for Disease Control and Prevention,  
Health Bureau of Macao Special Administrative Region Government