

 <p>澳門特別行政區政府 Governo da Região Administrativa Especial de Macau 衛生局 Serviços de Saúde</p>	<p>疾病預防控制中心 技術指引 CDC (Macao SS) Technical Guidelines</p>	<p>No.: 080.CDC.NDIV.GL2020 Ver.: 4.0 Created on: 2020.03.05 Revised on: 2020.06.18 Page: 1/2</p>
<p>預防新型冠狀病毒肺炎 - 體育設施的管理建議 Prevention of Novel Coronavirus Infection – Advice on Management of Sports Facilities</p>		

In view that population gathering and face-to-face contact are important factors for the transmission of novel coronavirus, this guideline is formulated with an aim to reduce the risk of spreading the virus in public sports facilities (both indoor and outdoor).

(I) Management of Sports Facilities

1. All gathering or major sports events and competitions should be suspended.
2. Avoid sharing of equipment and articles; otherwise, clean and disinfect them promptly after each use.
3. Communal sports equipment and furniture should be placed at least 1 metre apart or separated by a waterproof partition. Clean and disinfect them promptly after each use.
4. A signage should be put up in sports facilities to remind users to observe personal hygiene, stay at least 1 metre apart from each other, and not to assemble.
5. For indoor sports facilities, avoid using air conditioner if possible; instead, always keep windows open to ensure good indoor ventilation. If the use of air conditioner is inevitable, normal operation of the ventilation system should be guaranteed. For details, please refer to “Prevention of Novel Coronavirus Infection – Guidelines for Operation and Management of Central Air Conditioning System in Public Areas”.
6. Provide toilets with liquid soap and disposable tissues or hand dryer, and ensure proper functioning of the equipment.
7. Increase the frequency of cleaning and disinfection of equipment and articles in the facilities, particularly frequently touched surfaces and toilets; please refer to relevant guidelines for cleaning and disinfection of environment.

(II) Management of Users

1. It is recommended to adopt a reservation system. Encourage users to make a reservation online, and consider using mobile app or SMS reminders to avoid prolonged waiting times in/ outside sports facilities.
2. Perform crowd management by limiting the number of people (including staff and users) in the facilities to 50% of the normal capacity or less; suspend admission to the facilities when



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Prevention of Novel Coronavirus Infection – Advice on Management of Sports Facilities

there are too many people, and line up users waiting for admission in an open space with an arm's length distance apart from each other.

3. Take body temperature for individuals entering the facilities and advise them to make personal health declaration; decline admission of people with fever or acute cough.
4. Require all people entering and staying in the sports facilities (even when performing sports activities) to wear a mask. The mask can only be removed when necessary (i.e. physical trainings and sports competitions), and a minimum distance of 2 metres should be maintained from other persons in such cases. In event the nature of activity does not favour the wearing of mask, and a minimum distance of 2 metres cannot be maintained during the activity, a nucleic acid test for COVID-19 should be performed before participating in such activity.
5. Avoid crowd gathering in sports facilities; should this happen, advise the crowd to stay apart or leave.
6. Collective physical training should be conducted in outdoor open spaces wherever possible. Before training, the group/team must ensure that all members are free of fever or other discomfort.
7. Infants and children should be supervised by a parent/ guardian to avoid contact with other people in the facilities, and reduce as much as possible the duration and frequency of using the facilities.

Users should observe personal and environmental hygiene. Please refer to relevant guidelines on the Special Webpage Against Epidemics:
<https://www.ssm.gov.mo/PreventCOVID-19>.

Centre for Disease Prevention and Control
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